

Year 2	Term 1	Term 2	Term 3
Indoor Lesson	Gymnastics	Dance	Outdoor Education
	<ul style="list-style-type: none"> • Pathways – Vary the way in which we move around the hall. • Linking movements to create short routines. • Apparatus – Safety of setting up and packing away equipment. How to safely use the equipment. • Paired work – Creating routines. 	<ul style="list-style-type: none"> • Using feelings and emotions to choreograph dances. • Vary qualities and dynamics in dances. • Performing dances to others and being aware of their body control. 	<ul style="list-style-type: none"> • Use maps and diagrams to follow tracks. • Problem solving in groups and as an individual. • Team building games.
Outdoor Lesson	Developing Fundamental Skills in Invasion Games.	Developing Fundamental Skills in Invasion Games.	Developing Fundamental Skills in Athletics.
	<ul style="list-style-type: none"> • Introduce new throwing and catching skills using a variety of balls. • Kicking balls for accuracy. • Dribbling and ball control skills. 	<ul style="list-style-type: none"> • Introduce new throwing and catching skills using a variety of balls. • Applying knowledge and understanding of striking skills to create rallies. • Choose and use batting or throwing skills to make the game hard for their opponents. 	<ul style="list-style-type: none"> • Linking hopping, skipping and jumping skills. • Throwing- push, pull, sling • Running over objects.