

<u>Year 4</u>	<u>Term 1</u>		<u>Term 2</u>		<u>Term 3</u>	
Indoor	Dance		Gymnastics		Athletics	
	<ul style="list-style-type: none"> Working in pairs to choreograph short phrases. Responding to stimuli or emotion Demonstrate canon and unison in their phrases and movements. Physical Educationz		<ul style="list-style-type: none"> Rotation skills – rolls Transfer of weight - cartwheels Support body weight – front support, headstands, handstands Choreographing routines including a variety of skills and techniques. 		<ul style="list-style-type: none"> Running for distance. Jumping for height. Throwing for accuracy. Sprinting in teams. 	
Outdoor	Hockey	Football	Tag Rugby	Netball	Cricket	Rounders
	<ul style="list-style-type: none"> Dribbling and passing skills. Conditioned games – 2v1, 3v2 Applying rules to games Teamwork and sportsmanship Develop knowledge of rules. Skills based practices. 		<ul style="list-style-type: none"> Promote sportsmanship and fair play. Conditioned games introducing new rules. Creating space. Developing principles of attack and defence. 		<ul style="list-style-type: none"> Use a variety of equipment to demonstrate consistency of striking a ball with a bat. Fielding a ball using a long barrier. Throwing for accuracy. Develop their own games, with clear rules and focus on fair play. 	